



***Presents a Project SAFE Town Hall:
Mental Health Suicide Awareness & Prevention***

Local expert panelists lead an honest, vital conversation for parents and teens. The goal of this Town Hall-style meeting is to provide a safe environment where attendees can gain a deeper understanding of the causes, warning signs and coping strategies regarding depression, anxiety and suicidal ideation.

FREE event, no registration required!

Questions? Contact Mike Farr at 319-721-9812

Monday, November 18, 2019

CRCSD Educational Leadership & Support Center (ELSC)

2500 Edgewood Rd NW

6:30-8pm

LOCAL RESOURCE VENDOR TABLES OPEN AT 5:00PM

Guest Speaker:

Matt VandeBerg (former U of I wide receiver)

Expert Panelists:

Dr. Allyson Wheaton, MD

***Stephanie Neff, Wellness & Community Partnership Supervisor,
CRCSD***

Brandon Farr, Project SAFE & KCC Student

Jen MacCormick, Foundation 2 Crisis Center

Ricky Bartlett, Radio Host KMRY Radio

Cedar Rapids LGBTQ

*Learn more about
national and local
resources available
for health and
suicide awareness
and prevention.*



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