

TEAMMATES ALWAYS HAVE YOUR BACK.



MACR SHARKS

YMCA COMPETITIVE SWIM TEAM

The MACR Sharks are a year round YMCA and USA Swimming Competitive Swim Team offering high quality professional coaching and technique instruction for all ages and abilities. Through careful planning and appropriate levels of competition the MACR Sharks strive to instill a life-long love of the sport of swimming, maintaining swimmers' interest and future desire to swim at the high school and college level. The Sharks program is run out of the Helen G. Nassif YMCA in Cedar Rapids, IA.

The Mission of the MACR Sharks is to provide members an opportunity to realize their potential both in and out of the pool, while displaying the YMCA Core Values of Caring, Honesty, Respect and Responsibility.

Learn more at www.sharksswimming.org

The MACR Sharks welcome new swim families to join our team. To schedule a free Swim Team Evaluation please contact Paul Brown at 319.366.6421



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