

Purpose

- Improve your shooting technique, range, speed of release, accuracy, and footwork.
- Learn how to work from home, develop mental toughness, practice smarter, and build up your shooting confidence.

BEEF Shooting

Technique

- B- balance
- E- eyes
- E- elbow
- F- follow Through

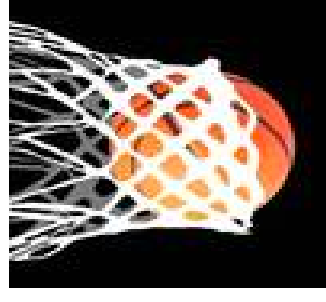


**Prairie Girl's
Basketball Shooting
Clinic**

June: 19, 21, 26, 28

5:00-6:30 pm

Grades: 5th - 8th





Clinic Dates:

June 19, 21, 26, 28 @ Prairie Point
5th, 6th, 7th, 8th Grades 5:00 pm to 6:30 pm

All Grades will participate all four days.

Cost:

\$25 for all Grades.

Please make checks payable to:

Prairie Girls Basketball Camp

**Every Participant receives a
Camp Basketball**

Registration

Name: _____
Grade in 2018-19: _____
Address: _____

Emergency Contact Info.

Name: _____
Phone Number: _____

To CR Prairie Basketball Clinic-

I ask that you hereby release the CR Prairie High School District, School Board, and Basketball Camp staff from all claims on account of any injuries, which may be sustained by my daughter while attending, traveling to or from Basketball Camp. I also give permission for any medical treatment or assistance if the need arises, and understanding that the CR Prairie School District, School Board, or Basketball Camp staff is not responsible for lost or stolen articles.