

Families Helping Families 3rd Annual

Super Hero Walk!

October 14th at 10 am

Located at the Kirkwood Community College Track

Volunteer or Register at FHFIA.ORG

**CREATE YOUR SUPER HERO
TEAM & CHOOSE YOUR
COSTUME FOR OUR
COSTUME CONTEST**



ONLY \$1



FAMILIES HELPING FAMILIES
OF IOWA, INC.

1 MILE WALK TO RAISE AWARENESS FOR IOWA'S FOSTER FAMILIES

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