

Youth Developmental Programs

Basic Program

For Boys & Girls, Ages 4-7

The Basic Developmental Program is an 8 week program for any 4-7 year old interested in learning and improving their soccer skills in a fun, safe, and exciting environment. The Basic Program is focused on introducing new players to the game of soccer while giving them a solid fundamentals foundation to build upon as their interest in soccer grows. Details are on the website and the back of this page.

Join the soccer club that has the best and most experienced coaching staff in Iowa, led by Prairie High School varsity coach Curt Lewis (Boys).

Register by August 13th

Location

76th Ave SW and Kirkwood Blvd

Dates

Developmental: Aug 28-Oct 21

Tournament: Oct 7-8

Academy: Aug 14-Oct 28

Costs

Developmental: \$55

Academy: \$145 (Fall Only)

Developmental Academy

For Boys & Girls, Age 6-7

The Developmental Academy is an 11 week program designed for 6 & 7 year-olds who want the more intensive instructional environment of day-to-day professional coaching. Each team is assigned one of PSC's professional coaches and is trained at a player-to-coach ratio of 8-to-1. The program is open to any 6 or 7 year old boy or girl. Details are on the website and the back of this page.

Questions: contact Steven Robertson at steven.robertson@psciowa.com

Sign Up Today at www.psciowa.com

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Basic Developmental Program

Training- the Developmental Program season runs from the end of August to the end of October in the fall and the beginning of April to end of May in the spring. Developmental teams train at least 1 time a week and all training sessions are designed by the PSC Iowa Academy Director. The training session each week will be run by the designated volunteer Parent Coach. All training sessions are conducted at the Prairie Soccer Complex Developmental fields located at the corner of 76th Ave. and Kirkwood Blvd.

Coaching Staff- Coaches for each team will be based on a volunteer system of Parent Coaches. The Parent Coach will be required to hold at least one training session each week and the PSC Iowa Technical Director will provide weekly sessions for the Parent Coaches, via email. There will also be two (2) different days set aside, one before the start of the season and one in the middle of the season, for the PSC Iowa Technical Director to train the volunteer coaches on the skills and tactics that should be used for training sessions and games. The weekly training sessions will be in accordance with PSC Iowa youth curriculum.

Teams- Teams will be formed based upon age groups and gender. Teams will be assigned as a blind draw as an attempt to try to eliminate one team being stronger than others. Team assignments will come out one (1) week after the end of the registration period.

Leagues- Developmental teams participate in PSC Iowa's Developmental League. All league games are played at the Prairie Soccer Complex in Cedar Rapids. Each season (Fall and Spring) consists of 6 games over 5-6 Saturdays. All games in the Developmental League will play a 4v4 (no goalkeepers) format. PSC Iowa will make every attempt to play all the scheduled games. If weather causes a postponement, games will be made up on the final weekend of play.

Tournaments- PSC Iowa Developmental League will hold an end-of-the-season tournament each session (Fall and Spring). The tournament will be played over the final weekend of the session and may be played over both Saturday and Sunday if needed. The tournament will be seeded based on a blind draw and will be a single-elimination tournament. The winners of the tournament, at each age bracket, will be presented with a championship t-shirt.

Uniforms- as part of the fee, each child playing in the Developmental Program will be provided a dri-FIT shirt to be worn during all matches and can also be worn during training sessions. ***Each player's shirt size will be based upon the information provided by the parents when the child is signed up for the program.***

Developmental Academy

Training- the Developmental Academy season runs from August to October in the fall and from March to June in the spring. Developmental Academy trains at least 2 times a week and all training sessions are designed by the PSC Iowa Academy Director. All training sessions will be run by the designated PSC Iowa staff coach. All training sessions are conducted at the Prairie Soccer Complex. Prairie Soccer Complex offers 8 full sized training fields and access to a lighted, Field Turf field to meet each age group's needs.

Coaching Staff- PSC Iowa has put together the largest and best coaching staff in eastern Iowa. Each coach brings a wealth of experience and knowledge to share with each player. PSC Iowa's coaching staff offers over 33 years of college coaching experience, 93 years of high school coaching experience and numerous years of youth development coaching, including ODP.

Leagues- Developmental Academy teams participate in PSC Iowa's Developmental League. All league games are played at the Prairie Soccer Complex in Cedar Rapids. Each season (Fall and Spring) consists of 6-8 games over 5-6 Saturdays. In the fall, the Developmental Academy will compete against other U8 teams in the U8 division and will play 4v4 (no goalkeepers) format. In the spring, if the team shows during the fall season a superior level of play, the team may be moved up to play in the U9/10 recreation division of the Developmental League and play 7-a-side soccer (6 field players and a goalkeeper). This decision will be made by PSC Iowa.

Developmental Academy Friendlies – in addition to league play, the PSC Iowa Developmental Academy also participates in inter-club friendlies with other local soccer clubs in the Cedar Rapids/Iowa City/Cedar Falls-Waterloo area. The friendlies are a festival-style event where other U7/U8 teams from other clubs get together and play matches against each other. This allows for our developmental Academy to get competition against other teams that have received like training and allows for much more competitive games. For the friendlies, we will play 4-a-side games with no goalkeepers. The Developmental Academy will participate in at least one of these events per season. These events can necessitate travel which is limited to Waterloo-Cedar Falls, Iowa City and Cedar Rapids.

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