A guide to fun for everyone!



Provided by ASK Resource Center

Summer is all about having FUN, and at ASK Resource Center we want to make it easier for lowa kids with disabilities to access all the summer fun their hearts desire! Whether your family is planning a "stay-cation", a sight-seeing road trip, or a vacation to Disneyland, planning is an essential component for a smooth-sailing summer. Our annual list of Iowa Summer Camps is here to help by offering travel planning tools and information about the various summer programs and activities available across the state!



DID YOU The Americans with Disabilities Act (ADA) requires summer camps and programs to provide reasonable accommodation for individuals with disabilities. Activities may be adapted or modified to promote your child's success and involvement in any camp. ADA is in place to ensure that accommodations and supports are available to allow your child to participate fully in everyday life, including camps.

















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#### 4-H Camp

#### www.extension.iastate.edu/4h/camping

#### Madrid

515-795-3338

- Coed
- Day camp, Age 6-12
- Overnight camp, Grades 5-8

#### **Abe Lincoln Camp**

## www.ymcacampabelincoln.org

#### **Blue Grass**

563-381-3053

- Coed
- Day camp, Age 4-12
- Overnight camp, Age 6-17

#### Amanda the Panda

#### www.amandathepanda.org

#### Indianola

515-223-4847

- Coed
- Day & Weekend overnight camps
- Age 6+
- Special Needs—Grief & loss

#### **Arc of Southeast Iowa**

## www.thearcjc.org

## **Iowa City**

319-351-5017

- Day camp
- Age 4+
- Special Needs—All disabilities



#### **Baseball Camp**

#### www.grandslamusadm.com

#### **Des Moines**

515-278-1070

- Coed
- Day camp, athletic
- Age 7-12

#### **Blank Park Zoo**

#### www.blankparkzoo.com

#### **Des Moines**

515-285-4722

- Coed
- Day camp
- Preschool-Grade 7

## **Boy Scout Camps**

www.midiowacouncilbsa.org www.hawkeyebsa.org www.scoutsiowa.com www.winnebagobsa.org Boone 515-266-2135 Central City 319-862-0541

**Dubuque** 563-556-4343 **Waverly** 319-234-2867

- Boys only
- Overnight & Day camps
- Grades 1-12

#### **Camp Albrecht Acres**

#### www.albrechtacres.org

#### Sherrill

563-552-1771

- Coed
- Overnight camp
- All ages
- Special Needs—All disabilities

#### Camp Appanoose

### www.campappanoose.org

## Plano

641-649-2491

- Coed
- Overnight camp
- Grades 2-12
- Sports, teen & family programs
- Religious—Christian

## **Camp Courageous**

## www.campcourageous.org

#### Monticello

319-465-5916

- Overnight camp
- Coed
- Age 3+
- Special Needs—All disabilities

## **Camp EWALU**

## www.ewalu.org

## **Strawberry Point**

563-933-4700

- Coed
- Day camp, Grades 1-6
- Overnight camp, Grades 3-12
- Religious—Lutheran

#### **Camp Fire**

#### www.campfireiowa.org

## Des Moines, Ames & Boone

515-274-1501

- Coed
- Overnight & Day camps
- Grades 1-12
- Special Needs—All disabilities

#### **Camp Genesis**

## www.gildasclubqc.org

#### **Quad Cities**

563-326-7504

- Coed
- Overnight camp
- Age 6-16
- Special Needs—Kids who have a family member receiving cancer treatment

## **Camp Goodwill**

## www.goodwillgreatplains.org

Sioux City, Fort Dodge, Le Mars, Mason City, Spencer & Storm Lake

712-258-4511

- Coed
- Overnight camp
- Age 8-12



## **Camp Hand in Hand**

## www.handinhandqc.org

#### **Blue Grass**

563-332-8010

- Coed
- Day camp
- Special Needs—All disabilities

### **Camp Heart Connection**

#### www.childrenscancerconnection.org

#### **Boone**

515-243-6239

- Coed
- Overnight camp
- All ages
- Special Needs—Cancer

#### **Camp Hertko Hollow**

#### www.camphertkohollow.com

### Boone

515-471-8547

- Coed
- Overnight camp
- Age 6-18
- Special Needs—Diabetes

## **Camp High Hopes**

www.camphighhopes.com

#### **Sioux City**

712-224-CAMP

- Coed
- Overnight & Day camps
- Ages 6-18 & Adult programs
- Special Needs—All disabilities

#### **Camp Hope**

#### www.aspiretrp.org

#### Waterloo

319-296-0964

- Coed
- Day camp
- Horseback riding and equestrian programs
- Special Needs—All disabilities

## **Camp Pictured Rocks**

## www.picturedrocks.org

## Monticello

866-651-1223

- Coed
- Overnight camp
- Age 8-12
- Religious—Methodist

## **Camp Quality Heartland**

## www.campqualityusa.org

#### **Guthrie Center**

712-484-3625

- Coed
- Overnight camp
- Ages 4-18
- Special Needs—Cancer

## **Camp Reece**

## www.campreeceia.org

## **Brighton**

319-775-0068

- Coed
- Overnight camp
- Age 5+
- Special Needs—All disabilities

## Camp St. George

#### www.campstgeorge.org

#### **Cedar Rapids**

319-363-1559

- Coed
- Overnight camp
- Religious—Antiochian Orthodox

#### **Camp Tanager**

#### www.camptanager.org

#### Mt. Vernon

319-363-0681

- Coed
- Overnight & Day camps
- Special Needs—Diabetes, hemophilia & bleeding disorders

## **Camp Wyoming**

## www.campwyoming.net

## **Wyoming**

563-488-3893

- Coed
- Overnight camp
- Grades K-12
- Religious—Presbyterian
- Special Needs—Programs for families of people with disabilities

## **Catholic Youth Camp**

#### www.stmcenter.com

## **Panora**

515-309-1936

- Coed
- Overnight camp
- Grades 3-12
- Religious—Catholic





## **Courage League Sports**

www.courageleaguesports.com

#### **Urbandale**

515-421-4020

- Coed
- Day camp
- Age 3+

### **Des Moines Playhouse**

www.dmplayhouse.com

#### **Des Moines**

515-974-5365

- Coed
- Day camp
- Grades K-12

## **Easter Seals Camp Sunnyside**

www.easterseals.com/ia

#### **Des Moines**

515-289-1933

- Coed
- Day camp, Age 6-17
- Overnight camp, Age 4+
- Special Needs—All disabilities

## **Engman Camp Shalom**

www.jewishdesmoines.org

## Waukee

515-987-0899

- Coed
- Day camp
- Grades K-12
- Religious—Jewish

#### **Girl Scout Camps**

www.girlscoutsiowa.org www.girlscoutstoday.org

Boone & Clear Lake 800-342-8389

New Liberty 800-798-0833

- Girls only
- Overnight & Day camps
- Grades K-12

## Ingham Okoboji Lutheran Bible Camps

www.okoboji.org

#### Milford

800-OKOBOJI

- Coed
- Day camp
- Grades K-12
- Religious—Lutheran

## Iowa 4-H Camp

www.iowa4hcamp.com

#### Madrid

515-795-3338

- Coed
- Day camp, Age 6-12
- Overnight camp, Grades 5-8

## Iowa Educational Services for the Blind and

Visually Impaired (Previously Iowa Braille School)

www.iowa-braille.k12.ia.us

#### Vinton

319-472-5221

- Coed
- Overnight camp
- Grades 1-12
- Special Needs—Visual impairments

#### **Iowa Hands and Voices**

www.iowahandsandvoices.org

## Boone

515-988-8512

- Coed
- · Overnight & Day camps
- Special Needs—Deaf or hearing impaired

#### **Iowa Regular Baptist Camp**

#### www.irbc.org

#### Ventura

641-829-3824

- Coed & Boys/Girls only
- Overnight camp
- Religious—Baptist
- Special Needs—Intellectual disabilities

## Iowa School for the Deaf Summer Camp

www.iowaschoolforthedeaf.org

## **Council Bluffs**

- Coed
- Overnight camp
- Preschool-Grade 12
- Special Needs—Deaf or hearing impaired

## **Jester Park Equestrian Center**

### www.jesterparkec.com

#### Granger

515-999-2818

- Coed
- Day camp
- Age 8+

## Lake Okoboji UM Camp

## www.okobojicamp.com

## **Spirit Lake**

866-856-9862

- Coed
- Day camp, Age 4-6
- Overnight camp, Age 6+
- Religious—Methodist

#### **Living History Farms**

## www.lhf.org

## **Urbandale**

515-278-5286

- Coed
- Day camp
- Grades K-9

### **Lutheran Lakeside Camp**

## www.lutheranlakeside.com

#### **Spirit Lake**

712-336-2109

- Coed & Boys/Girls only
- Day camp
- Overnight camp, Grades 1-12
- Religious—Lutheran

## **Mayor's Youth Empowerment Program**

#### www.myep.us

#### **Iowa City**

319-341-0060

- Coed
- Adult day programs
- Age 16+

## **MDA Camp at Camp Courageous**

### www.campcourageous.org

#### Monticello

319-393-8905

- Coed
- Overnight camp
- Special Needs—Muscular Dystrophy

## **Military Kid Camp**

## www.ymcacampabelincoln.org

## **Blue Grass**

563-381-3053

- Coed
- Overnight camp
- Special Needs—
  Kids with a parent
  serving in the
  military





## Presbyterian Camp on Okoboji

## www.lakeshorecenteratokoboji.org

#### Milford

712-337-3313

- Coed
- Day camp, Preschool-Grade 3
- Overnight camp, Grades 1-12
- Religious—Presbyterian

### **Raccoon River Bible Camp**

## www.rrbiblecamp.org

## Scranton

712-667-3916

- Coed
- Overnight camp
- Grades 1-12
- Religious—Christian

#### **Riverside Lutheran Bible Camp**

## www.riversidelbc.org

## **Story City**

515-733-5271

- Coed
- Day camp, Grades 1-6
- Overnight camp, Grades 3-12
- Religious—Lutheran

## **Science Center of Iowa**

#### www.sciowa.org

#### **Des Moines**

515-274-6868

- Coed
- Day camp
- Age 4-Grade 8

### Sportability of Iowa

## www.sportabilityofiowa.org

#### Solon

319-855-8916

- Coed
- Day camp
- Special Needs—Physical disabilities or visual impairments

#### **Sports Plex West**

#### www.sportsplexwest.com

#### Waukee

515-987-0806

- Coed
- Day camp
- Grades K-6

## **Summer Art Camp**

#### www.octagonarts.org

#### **Ames**

515-232-5331

- Coed
- Day camp
- Grades 1-6

## **Sylvan Learning Center**

### www.sylvanlearning.com

## Various locations in Iowa

888-338-2283

- Day camp
- STEM & educational activities
- Grades 1-8

### **Triad Kids Camp**

#### www.triadgymnastics.com

### **Ankeny**

515-963-0215

- Coed
- Day camp
- Age 3-8

### **UNI Adapted Sports Camp**

## www.uni.edu/camps

#### **Cedar Falls**

319-493-0978

- Coed
- Overnight camp
- Grades 3-12
- Special Needs—Lower limb disabilities

#### **Wesley Woods UM Camp**

#### www.wesleywoodsiowa.org

#### Indianola

866-684-7753

- Coed & Boys/Girls only
- Day camp, Age 4-6
- Overnight camp, 4+
- Religious—Methodist

## Wildwood Hills Ranch

#### www.wildwoodhillsranch.org

#### St. Charles

641-396-2414

- Coed
- Overnight camp
- Age 8-18
- Special Needs—At risk & disadvantaged youth





## ADD A CAMP OR PROGRAM TO THE LIST!

Camp directors and activity coordinators can contact ASK Resource Center to have their summer programming added to the annual Camp List! Submit a contact request online at <a href="www.askresource.org/contact">www.askresource.org/contact</a> or call (800) 450-8667 and ask for Ashley Gill.

#### FINANCIAL ASSISTANCE & SCHOLARSHIPS

ASK Resource Center does not provide scholarships or stipends for the programs or activities on this list. Families in need of financial assistance in order to send a child to a camp or program are encouraged to contact the camp or program directly, or check with local churches, charities, or philanthropic groups in their community. Many tax deferred dependent care programs, also referred to as "flex care", offered by employers consider day camps (not overnight camps) an allowable expense for reimbursement; check your specific plan's guidelines, or speak to your employer to see if this is an option for you.

## **TIPS & TOOLS**

**Sending Your Child with Special Needs to Camp** 

www.kidshealth.org/en/parents/finding-camp-special-needs.html

**Time Away Preparation: Printable Worksheets** 

www.cshcn.org/adolescent-transition/planning-time-away-from-home-for-teens-with-special-needs

"Plan ahead, be brave and don't expect perfection"

## A Comprehensive Guide to Special Needs Travel

www.friendshipcircle.org/blog/2012/07/20/a-comprehensive-guide-to-special-needs-travel

Tips for Family Road Trips with Kids with Special Needs

www.kidcompanions.com/tips-for-family-road-trips-with-kids-with-special-needs

Discover Camp: Sending Your Child with a Disability to Camp for the First Time

www.nchpad.org/discover/preparing/index.html

**ADA Q&A from PACER Center** 

**Photo: Camp Courageous** 

www.pacer.org/publications/adaqa/summer.asp

**Ten Tips for Traveling with Special Needs Kids** 

www.myfamilytravels.com/node/11177

