

PHYSICAL MEDICINE & REHABILITATION presents:

## Concussion 101: Student Athletes



Saturday, September 24, 2016 | 2 - 3 p.m.

PCI Building, 3<sup>rd</sup> Floor Community Room | 202 10<sup>th</sup> Street SE, Cedar Rapids

Cost: FREE | Call 319/369-8877 or click [HERE](#) to register

### Who should attend:

|  |              |                     |
|--|--------------|---------------------|
| Parents  | Grandparents | Student athletes    |
| Coaches  | School staff | League coordinators |
| Anyone concerned about student athlete safety! |              |                     |

### Learn what you need to know to keep athletes safe:

- 1) Symptoms of concussions
- 4) When to seek medical attention
- 5) Signs that recovery might not be going normally
- 2) Concerns about repeat concussions and long term effects
- 3) Facts/myths about concussions

### Speakers:

Dr. Devin Smith, M.D., UnityPoint Health St. Luke's Hospital, Physical Medicine & Rehab  
Jill Miller, ARNP, FNP-BC, Physicians Clinic of Iowa, Neurology

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