

**THE PRAIRIE HIGH
SCHOOL FOOTBALL
CAMP**

The High School Football Camp will give an opportunity to all high school athletes to learn individual position skills, football terminology, learn the offense and defense, new wrinkles in the offense and defense, and essential plays in the offense and defense. They will be coached by the Prairie High School football staff. The camp will include agility and flexibility segment, an offensive and defensive individual segment, implementation of offense and defense segment. Each athlete will receive a Prairie High School Football Camp Shirt on the last day of camp.

This camp will give all athletes, parents, and community members an opportunity to meet and interact with the high school football staff; as well as learn what skills and techniques are taught at the high school. While learning the offense and defense now, the athletes will be more prepared for their upcoming high school football season.

CAMP INFORMATION

DATES & TIMES:

Camp 1: July 18th- July 22nd
Camp 2: August 1- August 5th

TIMES:

**Mini Camp I- July 18-22nd
4:00 P.M. to 7:00 P.M.**

**Mini Camp II – Aug. 1- 5th
7:00 A.M. to 10:00 A.M.**

GRADES:

9th through 12th grade athletes.

FACILITIES:

The camp will be held at the Prairie High School Football Complex

COST:

\$55.00 per athlete for both camps

**avg. \$25.00 per camp session +Tshirt*

**Cash or Make Checks Payable to:
Prairie HS Football Camp**

QUESTIONS:

* For more information please contact:

Mark Bliss at 816-739-5010
Email: mbliss@crprairie.org

OR

Jeff Gordon at 408-702-0612
Email: jgordon@crprairie.org

CAMPER INFORMATION

Name: _____

Address: _____

City: _____

Zip: _____

Parent/Guardian: _____

Home Phone: _____

Cell Phone: _____

Emergency Contact and Phone Number:

Camper Profile:

Height: _____ Weight: _____

Age: _____ Grade Next Fall: _____

Offensive Position: _____

Defensive Position: _____

T-Shirt Size Adult: S M L XL XXL

Registration Deadline:

Registration deadline is **July 8th, 2016** if you choose to Pre-Register. Otherwise bring payment to camp on first day

Please send registration to:

**College Community School District
Coach Mark Bliss /Prairie High School
401 76th Avenue Southwest
Cedar Rapids, Iowa 52404-7034**

RELEASE OF LIABILITY

In consideration of the Prairie Football Camp and granting the camper permission to participate, I hereby state that the Prairie Football Camp and the individual's representing the Prairie Football Camp are not responsible for any preexisting injury or recurrence of any undisclosed preexistent injury or illness of the listed camper. I further acknowledge and release the Prairie School District, the Prairie High School Football Program, the Prairie Football Camp and All Coaches and players, and all its participants in said football camp from all liability including claims and suits at law or equity. For injury that may result from the camper taking part in the Prairie Football Camp. _____ **INITIALS**

I, as a parent of legal guardian, acknowledge and fully understand that the participant will be engaging in activities that involve risk or serious injury and that there may be others risk not know to or not reasonably seen at this time. I assume all the foregoing risks and accept personal responsibility for any damages following such injury, permanent disability or death. I hereby consent to said minor's participation and assume all the risks of his/her personal injury that may result from the football camp activity. _____ **INITIALS**

Parent or Guardian Signature:

Date _____

PHYSICALS

Physicals are tentatively going to be offered in July during registration so put this on your calendar to get done.

INSURANCE

The Prairie High School Football Mini-Camp traditionally has camp insurance for all campers.

THE PRAIRIE HAWKS HIGH SCHOOL FOOTBALL CAMP



LOCATION:

**PRAIRIE HIGH SCHOOL
FOOTBALL COMPLEX**

DATES & TIMES:

**MINI CAMP I- JULY 18 – 22nd
4:00 P.M. to 7:00 P.M.**

**MINI CAMP II- AUG. 1-5TH
7:00 A.M. to 10:00 A.M.**

COST:

\$55.00