



This is not a College Community School District publication. It is being distributed through the school district as a community service of the district to inform you of other community activities or services available.

**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

LEARN NEW SKILLS

Youth Sports – Summer & Fall 2016

SUMMER PROGRAMS

*no practices/games week of July 4

Mighty Sluggers

Program focuses on teaching the fundamentals of baseball to 4 and 5 year olds. Mighty Sluggers meets Mon/Wed from 6pm-6:45pm. Choose program location when registering.

Ages: 4-5 year olds
Where: Stoney Point or Marion YMCA's

Day & Time: Mon/Wed from 6pm-6:45pm

Session Date: 6.01.16-7.18.16

Register By: 5.16.16

Cost: Member - \$30
Community Member - \$60

T-Ball/Baseball/Softball

Designed to teach basic skills such as throwing, catching, hitting, base running and game rules. Players will play a variety of positions. The emphasis is on sportsmanship, teamwork and FUN! Players will be assigned to teams and will practice/play games once or twice a week.

Ages: AK/K (t-ball)
1st/2nd grade
(baseball/ softball)

Where: Stoney Point or Marion YMCAs

Day & Time: Chosen by volunteer coaches

Session Date: Week of 5.16.16 to 7.21.16

Register By: 5.02.16

Cost: Member - \$35
Community Member - \$80

FINANCIAL ASSISTANCE AVAILABLE

Contact Dale Emerson at 319-390-3488 for more information.

VOLUNTEER COACHES NEEDED

Come be a part of the fun!
The Y needs coaches for Youth Sports teams. Contact Dale Emerson at 319-390-3488 to get involved.

Kickball For Grades K-9

Looking for something fun this summer? Join the Y for kickball games for kids of varied ages. Games will be divided into age groups.

Ages: K-9th Grades
Where: Stoney Point YMCA
Day & Time: Mon/Thurs from 10am-11am
Session 1: 6.13.16 – 7.28.16
Register By: 6.06.16
Cost: Member - \$15/for 6 weeks
Community Member-\$20/for 6 weeks
Drop In Fee-\$2 per day (must register at Stoney Point Welcome Center)

Stoney Point Stunner Fun Run & Mini-Obstacle Challenge

Training program and kids fun run featuring obstacles of all sorts including a tire run, hay bales, low crawl, slip & slide....and more! Registrants can do just the race OR training sessions and race. The cost is the same for either option. Training sessions are for kids in Kindergarten-5th grade.

Ages: All ages welcome on race day!
Where: Stoney Point YMCA
Training Sessions: Tuesday, 8.16 & 8.23 from 5:30-6:15pm and Saturday, 8.20 10-10:45am
Race Day: Saturday, 8.27.16 at 9am
Register By: 8.23.16
Cost: Member - \$15
Community Member-\$20

FALL PROGRAMS

Instructional Soccer

This program introduces children to the basic fundamentals and rules of soccer and improves social interaction with peers. Choose program location when registering.

Ages: 4-5 year olds
Where: Garfield Elementary, Stoney Point or Marion YMCAs
Day & Time: Mon/Wed from 5:30pm – 6:15pm
Session Date: 9.07.16-10.17.16
Register By: 8.22.16
Cost: Member - \$30
Community Member - \$65

Youth Soccer

Practices are once a week and games are Saturday mornings at various locations. Please note, if you only register for Fall, you will need to re-register in Spring 2017.

Ages: AK/K – 5th graders for girls
AK/K – 5th graders for boys
Day & Time: Practice locations are chosen by volunteer coaches with games on Saturdays
Session Date: Week of 8.15.16 to 10.08.16
Games Begin: 9.03.16
Register By: 8.01.16
Cost FALL: Member \$40
Community Member \$85
Cost BOTH: Member \$60
Community Member \$105

Flag Football 101

Learn the basics of football in this program designed specifically for our little friends. Choose program location when registering.

Ages: 4-5 year olds
Where: Arthur Elementary, Stoney Point, or Marion YMCAs
Day & Time: Tues/Thurs 5:30pm – 6:15pm
Session Date: 9.06.16-10.13.16
Register By: 8.22.16
Cost: Member - \$30
Community Member - \$65

Youth Flag Football

This league is designed to teach the fundamentals of football and emphasizes good sportsmanship. Practices once a week.

Ages: 1st – 5th graders
Day & Time: Practice locations are chosen by volunteer coaches, games on Saturdays.
Session Date: Week of 8.15.16 to 10.08.16
Games Begin: 9.03.16
Register By: 8.01.16
Cost: Member - \$40
Community Member - \$85

Youth Volleyball

This program is designed to introduce and teach basic fundamentals and game rules. Choose program location when registering.

Ages: 3rd – 6th graders
Where: Helen G Nassif, Stoney Point or Marion YMCAs
Day & Time: Mon/Wed from 5pm-6pm
Session Date: 8.29.16-10.12.16
Register By: 8.15.16
Cost: Member - \$40
Community Member - \$85

The Y Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.



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YMCA Youth Sports Registration – Summer/Fall 2016

ACTIVITY – SUMMER PROGRAMS

- Mighty Sluggers *Program runs: M/W 6pm-6:45pm*
Circle a Location: Marion Stoney Point
- T-Ball Baseball Softball
- Kickball *Program runs: M/Th 10am-11am at Stoney Point*
- Stoney Point Stunner Fun Run and Training Sessions
- Stoney Point Stunner Fun Run (Race Only)

ACTIVITY – FALL PROGRAMS

- Instructional Soccer *Program runs: M/W 5:30pm-6:15pm*
Circle a Location: Garfield Marion Stoney Point
- Youth Soccer 1st session Both Sessions
- Flag Football 101 *Program runs: T/Th 5:30pm-6:15pm*
Circle a Location: Arthur Marion Stoney Point
- Youth Flag Football
- Youth Volleyball *Program runs: M/W 5pm-6pm*
Circle a Location: HGN Marion Stoney Point

REGISTRATION INFORMATION

Youth Name: _____ Address: _____

City: _____ State: _____ Zip Code: _____ Birthdate: _____

Male Female Parent/Guardian Name (and DOB): _____

Phone: _____ Cell Phone: _____

E-mail: _____ School: _____ Grade: _____

Choose the YMCA nearest you: HGN Marion Stoney Point

UNIFORM SIZE

Youth SM Youth MED Youth LG Adult SM Adult MED Adult LG Adult XL

*The YMCA of the Cedar Rapids Metropolitan Area has permission to use any photos and/or videos of my child during this program in its promotional materials. I give permission for my child to participate in this program. I agree to release the YMCA of the Cedar Rapids Metropolitan Area, it's staff, and it's volunteers from any responsibility in case of injury.

Signature of Parent/Guardian _____

DATE _____

Carpool Request: _____

ANNUAL HOUSEHOLD INCOME (CIRCLE ONE)**

UNDER \$20,000 \$40,000-\$49,999
\$20,000-\$29,999 \$50,000-\$59,999
\$30,000-\$39,999 OVER \$60,000

ETHNICITY (CIRCLE ONE)**

African American/Black Hispanic
Alaskan Native Native American
Asian/Pacific Islander Other
Caucasian/White

**The YMCA of the Cedar Rapids Metropolitan Area is committed to serving people regardless of their ability to pay. To do this we ask for funding (grants or donations) from outside sources to cover these costs. The information below is required of us. Please fill this out. Your information is kept strictly confidential.

**Yes, I want to VOLUNTEER
COACH for my child's team!**

Name: _____

Phone: _____

Office Use Only

Receipt#: _____

Date: _____

Amount: _____

Staff Initials: _____