

**Please complete the registration form below,  
or register online at <http://mustangcamps.com>.**

Name \_\_\_\_\_

Address \_\_\_\_\_

City/Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

School \_\_\_\_\_

Age \_\_\_\_\_

Grade \_\_\_\_\_

T-shirt size (please circle one):

**Youth:** M L XL    **Adult:** S M L XL XXL

Please mark the session(s) you plan to attend:

**GENERAL SKILLS CLINICS  
GRADES 6-9**

\_\_\_\_\_ Session I (\$90)  
Monday-Thursday, June 13-16, 9:00 a.m.-noon

\_\_\_\_\_ Session II (\$90)  
Monday-Thursday, June 13-16, 1:00-4:00 p.m.

\_\_\_\_\_ Session III (\$90)  
Monday-Thursday, June 27-30, 9:00 a.m.-noon

\_\_\_\_\_ Session IV (\$90)  
Monday-Thursday, June 27-30, 1:00-4:00 p.m.

Total \$ \_\_\_\_\_

Make checks payable to:  
Mount Mercy Volleyball

Mail to:  
Deb Marlin  
Mount Mercy University  
1330 Elmhurst Drive NE  
Cedar Rapids, IA 52402

Mount Mercy competes in the Heart of America Athletic Conference (the Heart) and the National Association of Intercollegiate Athletics (NAIA). The NAIA, which offers 23 championships in 13 sports, has 50,000 student-athletes participating at nearly 300 member colleges and universities throughout the United States and Canada.

The NAIA Champions of Character program is an educational outreach initiative which emphasizes the tenets of character and integrity, not only for NAIA college students, but for younger students, coaches and parents in our communities. We all have a role in developing students of character, and the NAIA Champions of Character program offers training, guidelines and behavior models to create positive environments that promote personal growth and fun sport activity.



**Come and learn volleyball skills  
from the Mustang volleyball team.  
Space is limited. Register today  
by completing the form in this  
brochure, or register online at  
[volleyball.mustangcamps.com](http://volleyball.mustangcamps.com).**



  
**MOUNT MERCY**  
VOLLEYBALL  
**SUMMER 2016  
VOLLEYBALL CAMPS**

## 2016 SUMMER VOLLEYBALL CAMPS

### SITE

Mount Mercy University  
Hennessey Recreation Center  
1330 Elmhurst Drive NE  
Cedar Rapids, Iowa 52402

### GENERAL SKILLS CAMPS GRADES 6-9

Session I (\$90)

Monday-Thursday, June 13-16, 9:00 a.m.-noon

Session II (\$90)

Monday-Thursday, June 13-16, 1:00-4:00 p.m.

Session III (\$90)

Monday-Thursday, June 27-30, 9:00 a.m.-noon

Session IV (\$90)

Monday-Thursday, June 27-30, 1:00-4:00 p.m.

The general skills camps are designed to train the fundamentals and introduce the team concepts of volleyball. Athletes will train with fun, but challenging drills and work specifically on hitting, setting, passing, defense, blocking and serving.

Drills will be both individualized and incorporated into a game-like team structure.

These camps are great for beginners, as well as challenging the more experienced volleyball players.

All camp sessions are general skills sessions. Drills and games may vary and be adjusted based on number of campers attending. Athletes are welcome to attend multiple sessions. Athletes will be separated on courts first by age and then by ability if necessary.

### DEB MARLIN

#### Head Women's Volleyball Coach

Marlin has 20 years of experience working with all levels from youth to college athletes. She prepped at Cedar Rapids Kennedy and played collegiately at Morningside, setting single season and career records for the Cougars and Mustangs. Marlin became head coach at Mount Mercy in June 2013 after serving as associate head coach for the Mustangs since 2006. Last fall, she led Mount Mercy to its first 30-win season in more than 20 years and the first NAIA national tournament berth in school history.



### MARY KAY VAN OORT

#### Head Men's Volleyball Coach

Van Oort is the first-ever men's volleyball coach at Mount Mercy as the program begins competition during the 2016-17 season. Most recently, she was head girls' volleyball coach at Cedar Rapids Jefferson High School, earning Metro Coach of the Year honors in 2013. Van Oort played collegiately at the University of Notre Dame, where she was a two-time team MVP.



### CONTACT

Deb Marlin  
Head Volleyball Coach  
Mount Mercy University  
319-361-3640 mobile  
dmarlin@mtmercy.edu

### Mount Mercy Camps & Clinics

#### Medical Information, Parental Consent and Waiver Form

All areas of this form must be completed  
and signed prior to camp participation.

Camper's Name \_\_\_\_\_  
Birth Date \_\_\_\_\_

#### Allergies and Medications

Allergic reactions (drugs, food, asthma) \_\_\_\_\_ No \_\_\_\_\_ Yes

If yes, list: \_\_\_\_\_

Taking any medication at this time? \_\_\_\_\_ No \_\_\_\_\_ Yes

If yes, list: \_\_\_\_\_

#### In Case of Emergency

Father Tel (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_

Mother Tel (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_

Other Emergency Contact:

Name \_\_\_\_\_

Tel (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_

Guardian's Name \_\_\_\_\_

Relationship \_\_\_\_\_

#### Your Medical Insurance

Company \_\_\_\_\_

Policy # \_\_\_\_\_

Name of Policy Holder \_\_\_\_\_

I certify that I am the parent or legal guardian of the Camper. I hereby give permission for the staff of the camp, to seek, during the period of the camp, appropriate medical attention for the Camper; and for medical attention to be given; and for the Camper to receive medical attention in the event of accident, injury, or illness.

I understand and agree that neither Mount Mercy University nor the camp carry insurance for injuries sustained by participants of its programs. I have reviewed the medical insurance coverage for my child/ward and have determined that it is adequate.

I agree to assume the full risk of any injuries, including death, damages, or loss regardless of severity, which I or my child/ward may sustain as a result of participating in any and all activities connected with or associated with such camp.

I waive, release, agree to not sue for, and relinquish all claims against Mount Mercy University, its officers, directors, agents, insurers, employees and camp staff that I or my child/ward may have as a result of participating in the camp.

I further agree to indemnify, hold harmless and defend Mount Mercy University, its officers, directors, agents, insurers, employees and camp staff from any and all claims from injuries, including death, damages, and losses sustained by me or my child/ward or arising out of, connected with, or in any way associated with the activities of the camp.

I agree that any photography taken of me or my child/ward while participating in the Mount Mercy University summer camps may be used for promotional purposes for Mount Mercy University or the camp.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Printed Name \_\_\_\_\_



Relationship to Camper \_\_\_\_\_