



# Parenting Young Children Workshop

AGES BIRTH-5 YEARS

*FREE meal, childcare, activities, and materials*

Prairie Crest Elementary School

**Monday Evenings**

**January 18th through February 22nd**

**5:30-7:30pm**

\*Must pre-register:

[www.parenteducationconsortium.com](http://www.parenteducationconsortium.com)

Or contact Morgan Boniface:

319-540-2426 [Boniface@iastate.edu](mailto:Boniface@iastate.edu)



**IOWA STATE UNIVERSITY**  
Extension and Outreach



## What is a parenting workshop?

The Parent Education Consortium has facilitated parenting workshops in the community since 1997. We use research/evidence based curriculum materials to help parents gain confidence in the development of caring, competent, healthy children. We even offer specialized classes on ADHD, divorce, step-parenting, co-parenting, grandparenting, and single parenting.

## Why should my family participate?

Parenting isn't easy and kids don't come with a "how to" manual. We are here to help increase your parenting tools in areas YOU choose to learn more about. Examples of subjects covered:

- Positive Discipline & Boundaries
- Communication
- Sibling Rivalry
- Routines
- Early Literacy
- Parenting Styles
- Nutrition
- Technology & Kids

## What is provided in these FREE sessions?

Each session is led by a Parent Educator from the Parent Education Consortium. We provide a meal for the whole family, followed by a family friendly activity involving games, singing, dancing, arts & crafts. After our activity, parents gather for the workshop while the children play together with our experienced childcare staff.