

### **LEARN NEW SKILLS**

# YMCA Youth Sports Registration Winter 2015–2016

## FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

\*This is not a College Community School District publication. It is being distributed through the school district as a community service of the district to inform you of other community activities or services available.

#### KINDERGARTEN BASKETBALL

This program introduces kids to the basic fundamentals of basketball in a friendly, fun, supportive and competitively low environment.

Ages: AK/Kindergarten

Where: HGN, Marion or Stoney Point YMCAs

 Day and Time:
 Tue/Thu, 5:30pm-6:15pm

 Session 1 Dates:
 10.27.15-12.10.15

Register By: 10.12.15 Session 2 Dates: 1.26.16-3.03.16

Register By: 1.11.16

Cost One Session Only: Member-\$30, Community Member-\$65
Cost BOTH Sessions: Member-\$50, Community Member-\$100

#### YOUTH BASKETBALL

Volunteer coaches emphasize team work, fair play and equal participation but most of all FUN! Teams practice once a week at area schools. Games will be played on Friday evenings and/or Saturday mornings at any of the YMCA branches. Players are divided into teams by grade. No practices/games during Thanksgiving week.

Ages: 1st - 6th graders

Where: HGN, Marion or Stoney Point YMCAs
Day and Time: Games Fri night and/or Sat morning
Session 1 Dates: Practices begin the week of 10.12.15

and session ends week ending 12.12.15

Register by: 9.28.15 Games Begin: 10.30.15

Coaches Meeting: 10.08.15

Session 2 Dates: Practices begin the week of 1.11.16

and session ends week ending 3.05.16

Register By: 12.28.15 Games Begin: 1.29.16
Cost One Session Only: Member-\$35, Community Member-\$85
Cost BOTH Sessions: Member-\$60, Community Member-\$150

#### **BOYS AND GIRLS BASKETBALL TEAM LEAGUE**

This program is designed for boys and girls in 1st through 6th grades. Rules are designed to accommodate players at a more advanced skill level and enhance learning of the game. Teams play six games at the YMCA; 1st/2nd grade play Saturday mornings, 3rd-6th play Friday nights. Teams provide their own uniforms, equipment, and practice sites. Referees stress sportsmanship and fun. All teams are welcome! Complete roster needed at registration.

Ages: 1st/2nd , 3rd/4th and 5th/6th graders
Where: HGN, Marion or Stoney Point YMCAs
Day and Time: Friday nights /Saturday mornings

Session 1 Dates: 10.30.15-12.12.15

 Register By:
 9.28.15

 Session 2 Dates:
 1.29.16-3.05.16

 Register By:
 12.28.15

 Cost:
 \$235.00 per team







### YOUTH CHEERLEADING

YMCA emphasizes the fundamentals of cheerleading in a non-competitive spirit. Participants will learn age appropriate cheers and routines. We will be cheering for our YMCA youth basketball games. More information is available at practice.

 Ages:
 2nd - 5th graders

 Where:
 Stoney Point Studio

 Day and Time:
 Mondays at 4:30°

 Session 1 Dates:
 10,12,15-12,11,15

 Register By:
 9,28,15

 Session 2 Dates:
 1,11,16-3,04,16

Register By: 12.28.15

\*Cheering and performing for games on Friday nights at Stoney Point begins on 11.06.15 (1st Session) and 2.05.16 (2nd Session)

Cost per session: Member-\$35, Community Member-\$70

Cost includes shorts and shirt.

#### YOUTH VOLLEYBALL

This program is designed to introduce and teach  $3^{rd}-6^{th}$  graders the basic fundamentals and rules of volleyball. Space is limited so register early! Register at any branch.

Ages: 3<sup>rd</sup> – 6<sup>th</sup> graders

Where: HGN, Marion or Stoney Point YMCAs
Day and Time: Meets Mon/Wed from 5-6pm

 Session 1 Dates:
 8.31,15-10,14,15

 Register By:
 08.17,15

 Session 2 Dates:
 3.14,16-4,27,16

Register By: 2.29.16

Cost per session: Member-\$37, Community Member-\$85

#### Late Fee:

Any participant registering after the deadline for YMCA Youth Sports will be charged a \$5.00 late fee.

#### Financial Assistance is available.

Contact Dale Emerson at 366-6421 for more information.

### Watch for our next sports flyer!

Sports included will be soccer, track and baseball/softball.

Come be a part of the fun and help to mentor our youth. The Y needs coaches for Youth Sports teams; contact Dale Emerson at 319-366-6421 to find out how to get involved.

'Like' us on facebook: Cedar Rapids/Marion Area YMCA

crmetroymca.org

Follow us on twitter: crmetroymca



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	sion 2 Both	Practice locati	ons may vary. Games are	at one of the YM	CA facilities.
Boys/Girls Basketball T Session 1 Session	eam League n 2	Games are at o	one of the YMCA facilities	5,	
Youth Cheerleading Session 1 Sess	ion 2	Practice and c	neering for games are at	Stoney Point.	
Youth Volleyball Session 1 Session	on 2	(Choose a local	ion) HGN	_ Marion	Stoney Point
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"The YMCA of the Cedar Rapids Met donations) from outside sources to c	ropolitan Area is committed to so over these costs. The information	erving people regardless of above is required of us. P	their ability to pay. To do this ease fill this out. Your informa	we ask for funding (gi tion is kept strictly co	rants or onfidential.
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for my child's team!

Phone:

Amount:\_\_ Staff Initials: