



# LEARN NEW SKILLS

## Youth Sports – Summer & Fall 2015

### SUMMER PROGRAMS

\*no practices/games week of July 4

#### Mighty Sluggers

Program focuses on teaching the fundamentals of baseball to 4 and 5 year olds. Mighty Sluggers meets Mon/Wed from 6pm-6:45pm. Choose program location when registering.

**Ages:** 4-5 year olds

**Where:** Stoney Point or Marion YMCA's

**Day & Time:** Mon/Wed from 6pm-6:45pm

**Session Date:** 6.01.15-7.15.15

**Register By:** 5.18.15

**Cost:** Member - \$30

Community Member - \$60

#### T-Ball/Baseball/Softball

Designed to teach basic skills such as throwing, catching, hitting, base running and game rules. Players will play a variety of positions. The emphasis is on sportsmanship, teamwork and FUN! Players will be assigned to teams and will practice/play games once or twice a week.

**Ages:** AK/K (t-ball)

1<sup>st</sup>/2<sup>nd</sup> grade (baseball/softball)

**Where:** Stoney Point or Marion YMCAs

**Day & Time:** Chosen by volunteer coaches

**Session Date:** 5.18.15 – 7.16.15

**Register By:** 5.04.15

**Cost:** Member - \$35

Community Member - \$80

#### Fundamentals of Baseball

Focusing on the development of throwing, catching, hitting, base running and game rules. Program is not co-ed. Choose location/time when registering.

**Ages:** 3<sup>rd</sup> – 7<sup>th</sup> grade boys

**Where:** Stoney Point Or Marion YMCA's

**Day & Time:** Mon/Wed from 7pm-8pm

**Session Date:** 5.18.15 – 7.15.15

**Register By:** 5.04.14

**Cost:** Member - \$35

Community Member - \$80

#### Fundamentals Of Softball

Focusing on the development of throwing, catching, hitting, base running and game rules. Program is not co-ed. Choose location/time when registering.

**Ages:** 3<sup>rd</sup>-7<sup>th</sup> grade girls

**Where:** Stoney Point or Marion YMCA's

**Day & Time:** Mon/Wed from 5pm-6pm

**Session Date:** 5.18.15-7.15.15

**Register By:** 5.04.15

**Cost:** Member-\$35

Community Member-\$80

#### Kickball For Grades K-9

Looking for something fun this summer? Join the Y for kickball games for kids of varied ages. Games will be divided into age groups.

**Ages:** K-9<sup>th</sup> Grades

**Where:** Stoney Point YMCA

**Day & Time:** Mon/Thurs Mornings, 10am-11am

**Session 1:** 6.15.15 – 7.23.15

**Register By:** 6.08.15

**Cost:** Member - \$15/for 6 weeks

Community Member-\$20/for 6 weeks

Drop In Fee-\$2 per day (must register at Stoney Point Welcome Center)

### FALL PROGRAMS

#### Instructional Soccer

This program introduces children to the basic fundamentals and rules of soccer and improves social interaction with peers.

Choose program location when registering.

**Ages:** 4-5 year olds

**Where:** Garfield Elementary, Stoney Point or Marion YMCAs

**Day & Time:** Mon/Wed from 5:30pm – 6:15pm

**Session Date:** 9.09.15-10.19.15

**Register By:** 8.24.15

**Cost:** Member - \$27

Community Member - \$65

### FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

#### Youth Soccer

Practices are once a week and games are Saturday mornings at various locations. Please note, if you only register for Fall, you will need to re-register in Spring 2016.

**Ages:** AK/K – 7<sup>th</sup> graders for girls  
AK/K – 5<sup>th</sup> graders for boys

**Day & Time:** Practice locations are chosen by volunteer coaches with games on Saturdays

**Session Date:** 8.17.15 – 10.10.15

**Games Begin:** 9.05.15

**Register By:** 8.03.15

**Cost FALL:** Member \$37

Community Member \$85

**Cost BOTH:** Member \$52

Community Member \$105

#### Flag Football 101

Learn the basics of football in this program designed specifically for our little friends. Choose program location when registering.

**Ages:** 4-5 year olds

**Where:** Arthur Elementary, Stoney Point, or Marion YMCAs

**Day & Time:** Tues/Thurs 5:30pm – 6:15pm

**Session Date:** 9.08.15-10.15.15

**Register By:** 8.24.15

**Cost:** Member - \$27

Community Member - \$65

#### Youth Flag Football

This league is designed to teach the fundamentals of football and emphasizes good sportsmanship. Practices once a week.

**Ages:** 1<sup>st</sup> – 5<sup>th</sup> graders

**Day & Time:** Practice locations are chosen by volunteer coaches, games on Saturdays.

**Session Date:** 8.17.15 – 10.10.15

**Games Begin:** 9.05.15

**Register By:** 8.03.15

**Cost:** Member - \$37

Community Member - \$85

#### Youth Volleyball

This program is designed to introduce and teach basic fundamentals and game rules. Choose program location when registering.

**Ages:** 3<sup>rd</sup> – 6<sup>th</sup> graders

**Where:** Helen G Nassif, Stoney Point or Marion YMCAs

**Day & Time:** Mon/Wed from 5pm-6pm

**Session Date:** 8.31.15-10.14.15

**Register By:** 8.17.15

**Cost:** Member - \$37

Community Member - \$85

\*This is not a College Community School District publication. It is being distributed through the school district as a community service of the district to inform you of other community activities or services available.

**The Y Mission:** To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.





FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# LEARN NEW SKILLS

## YMCA Youth Sports Registration – Summer/Fall 2015

ACTIVITY – SUMMER PROGRAMS	ACTIVITY – FALL PROGRAMS
<input type="checkbox"/> <b>Mighty Sluggers</b> <i>Program runs: M/W 6pm-6:45pm</i> <i>Circle a Location: Marion Stoney Point</i>	<input type="checkbox"/> <b>Instructional Soccer</b> <i>Program runs: M/W 5:30pm-6:15pm</i> <i>Circle a Location: Garfield Marion Stoney Point</i>
<input type="checkbox"/> <b>T-Ball</b> <input type="checkbox"/> <b>Baseball</b> <input type="checkbox"/> <b>Softball</b>	<input type="checkbox"/> <b>Youth Soccer</b>
<input type="checkbox"/> <b>Fundamentals of Baseball</b> <i>Program runs: M/W 7pm-8pm</i> <i>Circle a Location: Marion Stoney Point</i>	<input type="checkbox"/> <b>Flag Football 101</b> <i>Program runs: T/Th 5:30pm-6:15pm</i> <i>Circle a Location: Arthur Marion Stoney Point</i>
<input type="checkbox"/> <b>Fundamentals of Softball</b> <i>Program runs: M/W 5pm-6pm</i> <i>Circle a Location: Marion Stoney Point</i>	<input type="checkbox"/> <b>Youth Flag Football</b>
<input type="checkbox"/> <b>Kickball</b> <i>Program runs: M/Th 10am-11am at Stoney Point</i>	<input type="checkbox"/> <b>Youth Volleyball</b> <i>Program runs: M/W 5pm-6pm</i> <i>Circle a Location: HGN Marion Stoney Point</i>

### REGISTRATION INFORMATION

Youth Name: \_\_\_\_\_ Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
 Male \_\_\_\_\_ Female \_\_\_\_\_ Parent/Guardian Name (and DOB): \_\_\_\_\_  
 Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
 E-mail: \_\_\_\_\_ School: \_\_\_\_\_ Grade: \_\_\_\_\_  
 Choose the YMCA nearest you: HGN \_\_\_\_\_ Marion \_\_\_\_\_ Stoney Point \_\_\_\_\_

### UNIFORM SIZE

Youth SM \_\_\_\_\_ Youth MED \_\_\_\_\_ Youth LG \_\_\_\_\_ Adult SM \_\_\_\_\_ Adult MED \_\_\_\_\_ Adult LG \_\_\_\_\_ Adult XL \_\_\_\_\_

\*The YMCA of the Cedar Rapids Metropolitan Area has permission to use any photos and/or videos of my child during this program in its promotional materials. I give permission for my child to participate in this program. I agree to release the YMCA of the Cedar Rapids Metropolitan Area, it's staff, and it's volunteers from any responsibility in case of injury.

Signature of Parent/Guardian \_\_\_\_\_ DATE \_\_\_\_\_

Carpool Request: \_\_\_\_\_

**ANNUAL HOUSEHOLD INCOME (CIRCLE ONE)\*\***  
 UNDER \$20,000                      \$40,000-\$49,999  
 \$20,000-\$29,999                    \$50,000-\$59,999  
 \$30,000-\$39,999                    OVER \$60,000

**ETHNICITY (CIRCLE ONE)\*\***  
 African American/Black            Hispanic  
 Alaskan Native                      Native American  
 Asian/Pacific Islander              Other  
 Caucasian/White

**FINANCIAL ASSISTANCE AVAILABLE**  
**The YMCA strives to serve everyone in our community, regardless of their income. Contact Dale Emerson at 366-6421 x601 for more information.**

\*\*The YMCA of the Cedar Rapids Metropolitan Area is committed to serving people regardless of their ability to pay. To do this we ask for funding (grants or donations) from outside sources to cover these costs. The information below is required of us. Please fill this out. Your information is kept strictly confidential.

**Yes, I want to VOLUNTEER COACH for my child's team!**  
**Name:** \_\_\_\_\_  
**Phone:** \_\_\_\_\_

Receipt#: _____
Date: _____
Amount: _____
Staff Initials: _____