

## CITY OF CEDAR RAPIDS PARKS & RECREATION DEPARTMENT



# Live Healthy IOWA TRACK CHAMPIONSHIPS Kids

## Local Competition for Boys & Girls Ages 9-14

2015 is the inaugural year for the Live Healthy Iowa Kids Track Championships. Boys and girls from around Iowa will compete in local competitions with winners advancing to the state championships in Marshalltown on Saturday, June 13. The Live Healthy Iowa Track Championships are sponsored by the Iowa Sports Foundation, in partnership with the Iowa Parks and Recreation Association and Marshalltown Parks and Recreation.

**When: Saturday, April 18**

**1:00 PM**

**Where: Kingston Stadium,  
907 15th Street SW**

**Cost: FREE!**

**Events:** 50 Meter Dash  
100 Meter Dash  
200 Meter Dash  
400 Meter Dash  
800 Meter Run  
1600 Meter Run  
4 x 100 Meter Relay  
Standing Long Jump  
Softball Throw



**How to Register:** Fill out form (available online at [www.CRYouthSports.com](http://www.CRYouthSports.com) or at Ambroz Center). Return form to Ambroz or email to [alexis.spitzner@cedar-rapids.org](mailto:alexis.spitzner@cedar-rapids.org).



*Enjoy Every Season With Us!*

**CEDAR RAPIDS  
PARKS & RECREATION**

**Ambroz Recreation Center  
2000 Mount Vernon Road SE  
Cedar Rapids, Iowa 52403  
(319) 286-5731  
[www.CRREC.org](http://www.CRREC.org)**

**Questions?  
Contact Alexis Spitzner  
[alexis.spitzner@cedar-rapids.org](mailto:alexis.spitzner@cedar-rapids.org)  
(319) 286-5731**

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