



# **Prairie Total Effort Football 2015**



## ***Metro Youth Football Association***

***Flag Football - 1st/2nd & 3rd /4th Grade  
7 on 7 Non Contact Passing League for 5th/6th Grade***

***Early Bird Registration is \$50 through February 15th  
Registration is \$60 after February 15th, Registration Ends March 1st, 2015***

***Register at***  
**[www.metroyouthfootball.com](http://www.metroyouthfootball.com)**

Practice twice a week for a hour and begins on Monday, March 30th, 2015  
Games begin Sat, April 11th for 1st/2nd Grade and Sun, April 12th for 3rd/4th Grade & 7 on 7  
Games held at the MYFA Complex 1100 A'Hearn Dr NE, Cedar Rapids, IA 52402

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***Learn To Play, Play To Have Fun, Work To Get Better  
TOTAL EFFORT***

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