



# Parenting:

*It's a learning experience!*

We want to support you as the first and most important teacher of your young children. At **College Community**, we know how important your role is during the early years in preparing your children for a successful K-12 experience. We are pleased to partner with the Parent Education Consortium to bring in professional parent educator, Rhonda King to provide a **FREE** 6-week series of workshops called "Parenting Young Children (Birth-5 years old)" Your entire family is invited to participate. A **free meal, childcare and program materials provided**. The program is open to anyone with at least one child under 6 years of age, so feel free to share information about the program with friends, family, or neighbors.

## TOPICS OF DISCUSSION WILL INCLUDE, BUT WILL NOT BE LIMITED TO:

- Understanding Child Development and Behavior
- Teaching Responsibility to Children and Setting Limits
- Examining Parenting Styles and Behaviors
- Communicating with your Kids
- Guidance and Discipline Techniques
- Creating Environments that Encourage Child Growth

**WORKSHOP DATES:** Tuesday Evenings, February 3- March 10, 2015; 5:30- 7:45 PM

## **EACH WORKSHOP INCLUDES:**

- Dinner for the Entire Family at 5:30-6:00 PM
- Parent/Child Activity 6:00-6:30 PM
- Parent Group/Childcare 6:30-7:45 PM

## **WORKSHOP LOCATION:**

Prairie Crest Elementary, 401 76<sup>th</sup> Ave SW, Cedar Rapids IA 52404

## **Pre-Registration is required!!!!**

Seating is limited and will be filled on a first come, first served basis. Please plan to attend all six sessions.

Registrations are due **on or before Monday, February 2, 2015.**

**To register or for more information, contact Janice Savel at 319-377-9839 ext. 302**

**Or via email @ [jsavel@iastate.edu](mailto:jsavel@iastate.edu)**

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