



FREE For kids ages 5-12, to help them identify, communicate and cope with their feelings when someone close to them has been diagnosed with cancer.



NEXT SESSION: March 21, 2015 10-2:30
Gems of Hope Office
420 6th ST SE, Suite 140
Cedar Rapids, Iowa, 52401

What About Us?

What About Us? utilizes structured activities to help children ages 5-12 identify, communicate and cope with their feelings when someone close to them has been diagnosed with cancer.

The program is based on emotional intelligence and uses a strength-based approach to promote better mental health. The aim is to build upon the child's strengths and enhance his/her ability to cope with the stress related to their loved one's cancer diagnosis.

This **FREE** session is being offered again for 1/2 day on a **Saturday, March 21 from 10:00am-2:30pm. Lunch is served!** The children's group is facilitated by social workers with special training in cancer counseling. The session will be held at the Gems of Hope office in the Sister Mary Lawrence Community Center. Parents are invited to browse resource materials for their children as the children are in their session. This session made possible in part by funding from the Witwer Trust Grant.

Register Now! Name of Child _____
 Name of Parent _____ Age of Child _____
 Address _____
 Phone _____ Email _____
 Return to Gems of Hope, 420 6th ST SE Suite 140, Cedar Rapids, Iowa 52401
 319-393-9681 • visit www.gemsofhope.com for more info • one form per child
 • lunch is provided

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