

**Waiver:**

In consideration of acceptance of this entry, I the undersigned, do hold harmless and waive any and all claims for myself and my heirs against the CRACC and FHFF, all sponsors, officials, and volunteers of this walk/run for any injury or illness which may directly or indirectly result from my participation in PAWS in the Park. I know that participation with my pet is a potential hazardous activity. I further state that my pet and I are in proper physical condition to participate. I hereby grant full permission to any and all of the foregoing to use my name and any photographs, videotapes, motion pictures, recording, or any other record of my participation for any publicity and/or promotion purposes without obligation or liability to me.

**Warning:**

*I understand that high heat and humidity can be extremely dangerous and I will not overexert myself or my pet(s) under these conditions.*

Signed: \_\_\_\_\_

Parent/Guardian (under 18):  
\_\_\_\_\_

Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_



Noelridge Park  
September 27, 2014

9am—2 pm

Individual

&

PAWS 5K

Team Registration

Hosted by:



And TOP DOG SPONSOR



### Event Information

PAWS in the Park is a Fun Run/Walk to benefit the homeless animals of Cedar Rapids.

**Date:** Saturday, September 27, 2014  
(no rain date—no refunds)

**Location:** Noelridge Park, Cedar Rapids IA  
Parking in swimming pool lot

**Time:** Registration opens at 8 am  
**Walk/Run will begin at 9:00 am.**

### Entry Fees

- \$25 per individual or team member.
- **Late registration**—\$35 if received after Monday, September 15th.

**Send completed entry form and check or money order made payable to FHFF to:**

FHFF—PAWS in the Park  
900 76th Avenue Drive SW  
Cedar Rapids, IA 52404

**\*\* NOTE: If you are running/walking with a dog, a copy of your dog's current rabies certificate MUST accompany the entry form for liability purposes and the protection of all those who participate.**

### Aid/Medical

Water will be provided on the course and at the finish area for both pets and owners. A First Aid station will be on-site in case of an emergency.

### For more information:

Contact Diane Webber at 319-286-5908 or email at [d.webber@cedar-rapids.org](mailto:d.webber@cedar-rapids.org).

### Special Requirements

- All pets entered must have proof of rabies inoculation. (photocopy of certificate is acceptable).
- By law, all dogs must be wearing a rabies tag.
- Parvo vaccination recommended.
- All participants must sign the injury/illness waiver.
- All dogs must be kept on leashes at all times.
- All dogs must compete on a leash no longer than 6 feet.
- It is recommended that puppies under 6 months do not participate.
- Female dogs in any stage of heat or pregnancy will NOT be allowed to participate.
- **Individuals running/walking with more than one dog must enter additional dogs separately.**
- At the discretion of Animal Control, unsafe or unruly pets or owners may be requested to leave the event.

### PAWS 5K Team Registrations

- Teams must have a Team Name and an assigned Team Captain.
- Captains must register first to create the team. **Deadline to form a team is 9/1/14.**
- Teams must consist of 5 or more participants.
- Team members register individually once the team is created.
- Teams can consist of any combo of runners, walkers and/or kids, 5K participants and/or Fun Run participants.

Teams will be awarded 1st, 2nd and 3rd prizes in each of the following categories:

- Most Team Participants
- Most Team Spirit
- Most Pledges Raised

**Use this form for Individual, Team or Additional Pet registrations. Please use separate form for each entry.**

Choose one:  Fun run/walk  5K  
PAWS 5K team members are expected to run the full 5K — 4 circuits around the park.

### Walker/Runner Information:

Name \_\_\_\_\_

Are you a Team Captain? **YES** **NO**

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email address \_\_\_\_\_

Age (if under 12) \_\_\_\_\_

Team Name: \_\_\_\_\_

Team Captain: \_\_\_\_\_

### Shirt size (circle one):

**M** **L** **XL** **XXL** (\$1 extra)

Additional shirts may be purchased for \$15/each.

### Pet Information (if applicable):

Name \_\_\_\_\_ Age \_\_\_\_\_

Species/Breed \_\_\_\_\_

### Registration (attach rabies certificate, if applicable)

Entry fee: \$25/ea. (\$35 after 9/15/14) \$ \_\_\_\_\_

Additional shirts? \$15/each

Medium  L  XL  XXL (+\$1) \$ \_\_\_\_\_

**Donation to FHFFoundation:** \$ \_\_\_\_\_

*Pledge money collected :* \$ \_\_\_\_\_

**TOTAL ENCLOSED:** \$ \_\_\_\_\_

**Make all checks payable to: FHFF**

**Please read and sign Waiver on other side.**