

# YOGA for A CURE



## Event Details:

- \* Charity: Juvenile Diabetes Research Foundation: [www.jdrf.org](http://www.jdrf.org)
- \* For more information: [www.harmonyyoga.biz](http://www.harmonyyoga.biz) or [jfarmer@southslope.net](mailto:jfarmer@southslope.net)
- \* Cost: Donations at the event
- \* Doors open at 9:00am and yoga starts at 10:00 am. Parking is free.
- \* Please bring a mat or beach towel and sunscreen.

Saturday, May 17th  
10 AM

ALL Yoga Levels welcomed  
Cedar Rapids Prairie High School Football Field  
Cedar Rapids, IA



All proceeds donated to **JDRF**

IMPROVING  
LIVES.  
CURING  
TYPE 1  
DIABETES.

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