



*This is not a College Community School District publication. It is being distributed through the school district as a community service of the district to inform you of other community activities or services available.

FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

LEARN NEW SKILLS

Youth Sports – Summer & Fall 2014

SUMMER PROGRAMS

*no practice/games week of July 4

Mighty Sluggers

Program focuses on teaching the fundamentals of baseball to 4 and 5 year olds. Mighty Sluggers meets Mon/Wed from 6-6:45pm or Tue/Thu from 5-5:45pm. Choose program location/time when registering.

Ages: 4-5 year olds
Where: Stoney Point, Marion YMCA's HGN (location TBD)
Day & Time: Mon/Wed from 6 –6:45pm
Tue/Thu from 5-5:45pm
Session Date: 6.02.14-7.17.14
Register By: 5.19.14
Cost: Member - \$30
Community Member - \$60

T-Ball/Baseball/Softball

Designed to teach basic skills such as throwing, catching, hitting, base running and game rules. Players will play a variety of positions. The emphasis is on sportsmanship, teamwork and FUN! Players will be assigned to teams and will practice/play games once or twice a week.

Ages: AK/K (t-ball)
1st/2nd grade (baseball/softball)
Where: Stoney Point or Marion YMCAs
Day & Time: Chosen by volunteer coaches
Session Date: 5.19.14 – 7.18.14
Register By: 5.05.14
Cost: Member - \$35
Community Member - \$80

Fundamentals of Baseball

Focusing on the development of throwing, catching, hitting, base running and game rules. Program is not co-ed.

Ages: 3rd – 7th grade boys
Where: Stoney Point or Marion YMCA's
Day & Time: Mon/Wed from 10am-11am
or Mon/Wed from 7pm-8pm
Session Date: 6.16.14 – 7.30.14
Register By: 6.02.14
Cost: Member - \$35
Community Member - \$80

Fundamentals of Softball

Focusing on the development of throwing, catching, hitting, base running and game rules. Players play a variety of positions, practice drills and use learned skills in game settings. Program is not co-ed.

Ages: 3rd-7th grade girls
Where: Stoney Point or Marion YMCA's
Day & Time: Mon/Wed from 11am-12pm
or Mon/Wed from 5pm-6pm
Session Date: 6.16.14-7.30.14
Register By: 6.02.14
Cost: Member-\$35
Community Member-\$80

Disc Golf

Learn basics of a fun, low-impact, outdoor activity that can be played nationwide. All equipment is provided.

Ages: 8 years and older
Where: Stoney Point YMCA
Day & Time: Mon from 6-7:30pm
Session 1: 5.12.14 – 6.23.14
Register By: 5.05.14
Session 2: 7.07.14 – 8.11.14
Register By: 6.30.14
Cost: Member - single \$15, pair \$20
Community Member - single \$30, pair \$40

FALL PROGRAMS

Instructional Soccer

This program introduces children to the basic fundamentals and rules of soccer and improves social interaction with peers. Choose program location when registering.

Ages: 4-5 year olds
Where: Garfield Elementary, Stoney Point or Marion YMCAs
Day & Time: Mon/Wed from 5:30 – 6:15pm
Session Date: 9.08.14-10.15.14
Register By: 8.25.14
Cost: Member - \$27
Community Member - \$65

Youth Soccer

Youth Soccer practices are once a week and games are Saturday mornings at various locations. Please note, if you only register for Fall, you will need to re-register in Spring 2014.

Ages: AK/K – 7th graders for girls
AK/K – 5th graders for boys
Day & Time: Practice locations are chosen by volunteer coaches with games on Saturdays
Session Date: 8.18.14 – 10.11.14
Games Begin: 9.06.14
Register By: 8.04.14
Cost FALL: Member \$37
Community Member \$85
Cost BOTH: Member \$52
Community Member \$105

Flag Football 101

Learn the basics of football in this program designed specifically for our little friends. Choose program location when registering.

Ages: 4-5 year olds
Where: Arthur Elementary, Stoney Point, or Marion YMCAs
Day & Time: Tues/Thurs 5:30 – 6:15pm
Session Date: 9.09.14-10.16.14
Register By: 8.25.14
Cost: Member - \$27
Community Member - \$65

Youth Flag Football

This league is designed to teach the fundamentals of football and emphasizes good sportsmanship. Practices once a week.

Ages: 1st – 5th graders
Day & Time: Practice locations are chosen by volunteer coaches, games on Saturdays.
Session Date: 8.18.14 – 10.11.14
Games Begin: 9.06.14
Register By: 8.04.14
Cost: Member - \$37
Community Member - \$85

Youth Volleyball

This program is designed to introduce and teach basic fundamentals and game rules. Choose program location when registering.

Ages: 3rd – 6th graders
Where: Helen G Nassif, Stoney Point or Marion YMCAs
Day & Time: Mon/Wed from 5-6pm
Session Date: 9.08.14-10.15.14
Register By: 8.18.14
Cost: Member - \$37
Community Member - \$85



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LEARN NEW SKILLS

YMCA Youth Sports Registration – Summer/Fall 2014

ACTIVITY – SUMMER PROGRAMS

- Mighty Sluggers** *Circle a Location:* Marion Stoney Point HGN(TBD)
Circle a Day/Time: M/W 6-6:45pm or T/Th 5-5:45pm
- T-Ball Baseball Softball
- Fundamentals of Baseball** *Circle a Location:* Marion Stoney Point
Circle a Day/Time: M/W 10-11am or M/W 7-8pm
- Fundamentals of Softball** *Circle a Location:* Marion Stoney Point
Circle a Day/Time: M/W 11am-12noon or M/W 5-6pm
- Disc Golf

ACTIVITY – FALL PROGRAMS

- Instructional Soccer**
Circle a Location: Garfield Marion Stoney Point
- Youth Soccer**
- Flag Football 101**
Circle a Location: Arthur Marion Stoney Point
- Youth Flag Football**
- Youth Volleyball**
Circle a Location: HGN Marion Stoney Point

REGISTRATION INFORMATION

Youth Name: _____ Address: _____

City: _____ State: _____ Zip Code: _____ Birthdate: _____

Male Female Parent/Guardian Name (and DOB): _____

Phone: _____ Cell Phone: _____

E-mail: _____ School: _____ Grade: _____

Choose the YMCA nearest you: HGN Marion Stoney Point

UNIFORM SIZE

Youth SM Youth MED Youth LG Adult SM Adult MED Adult LG Adult XL

*The YMCA of the Cedar Rapids Metropolitan Area has permission to use any photos and/or videos of my child during this program in its promotional materials. I give permission for my child to participate in this program. I agree to release the YMCA of the Cedar Rapids Metropolitan Area, it's staff, and it's volunteers from any responsibility in case of injury.

Signature of Parent/Guardian _____

DATE _____

Carpool Request: _____

ANNUAL HOUSEHOLD INCOME (CIRCLE ONE)**

UNDER \$20,000 \$40,000-\$49,999
\$20,000-\$29,999 \$50,000-\$59,999
\$30,000-\$39,999 OVER \$60,000

ETHNICITY (CIRCLE ONE)**

African American/Black Hispanic
Alaskan Native Native American
Asian/Pacific Islander Other
Caucasian/White

FINANCIAL ASSISTANCE AVAILABLE

The YMCA strives to serve everyone in our community, regardless of their income. Contact Dale Emerson at 366-6421 x601 for more information.

**The YMCA of the Cedar Rapids Metropolitan Area is committed to serving people regardless of their ability to pay. To do this we ask for funding (grants or donations) from outside sources to cover these costs. The information below is required of us. Please fill this out. Your information is kept strictly confidential.

Yes, I want to VOLUNTEER COACH for my child's team!

Name: _____

Phone: _____

Receipt#: _____

Date: _____

Amount: _____

Staff Initials: _____