



Any questions regarding the Academy program can be directed to the following e-mail: [steven.robertson@psciowa.com](mailto:steven.robertson@psciowa.com)

**Please see the back of this flier for a more full description of this PSC Program and a sample uniform order form.**

# Spring 2014 Soccer Information

## U8 Developmental Academy Program

This program is designed for those players that have shown they are superior, either athletically, skillfully, or both, to the other players in the developmental system and want to push their soccer abilities to a higher level.

Practices will be twice a week, beginning the week of March 31<sup>st</sup>, and will run for 10 weeks. One practice each week will be run by the PSC professional staff coach and the other by the designated, state-certified parent coach. All practices and games will take place at the PSC fields. The cost for this program, for the spring, will be pro-rated from the yearly cost and will be \$145. Players will also be required to purchase a uniform, consisting of: one jersey, one short and a pair of socks, totaling \$53. The Developmental Academy will play in the developmental league and play a minimum of six games.

### Registration Open

Registration is now open for all spring programs at PSC Iowa. Go to the website @ [www.psciowa.com/page/developmental-academy](http://www.psciowa.com/page/developmental-academy) to sign-up.

**To help parents decide if their child is ready to play with the U8 Academy team, listed below are the characteristics of the type of players who should participate.** If your child displays some or a majority of the characteristics listed below then they are more suited to play in this level. The characteristics are:

- Demonstrates higher level of technical skills (control of ball, dribbling, and shooting);
- Child is physically stronger than most in his/her age group;
- Child is more athletic than most players in their age group;
- Child has a higher level of coordination and agility;
- During games your child is more aggressive and always wants to be involved;
- Child tends to dominate the play in their games; or
- Child has started to make soccer a high priority and wants to play at a higher level and/or intends on playing competitive soccer at the U9 level.

If you have any questions about whether your child is ready to play for the U8 Developmental Academy team, please contact Steve Robertson at the following email:

[steven.robertson@psciowa.com](mailto:steven.robertson@psciowa.com)

## U8 Developmental Academy

U8 players (7 years old or younger on July 31st prior to fall season) have the choice to continue with the basic Developmental Program or progress to the U8 Developmental Academy. The Developmental Academy offers an accelerated opportunity for individual and team development through more focused and challenging practices and a greater coach to player ratio. Each team in the Developmental Academy is assigned a PSC professional senior staff coach who ensures the players receive the highest quality training during practices and provides coaching and feedback during games.

**Program Features:** U8 age group (coed).

- 10-week season in fall; 10-week season in spring
- 2 instructional sessions per week: 1 session with PSC senior staff and 1 session with parent-coach
- Ratio of players to coaches will be 6 to 1

Cost for the U8 Developmental Academy is \$250 per year and includes training costs and games for both the fall and spring seasons. The cost will be pro-rated for players that join after the fall season. Players are required to purchase uniforms which includes two jerseys, game shorts, and game socks. Costs will be prorated for players wishing to join in the spring.

**Age Eligibility:** the Developmental Academy is open to any girl or boy that is 7 years old on July 31st prior to the fall season. Players that are 6 years old may join if given special dispensation by the PSC Technical Director. Players that are 8 on or before July 31st are too old for the U8 Developmental Academy and should consider our U9-U10 Academy Program.

**Schedule:** instructional sessions with a PSC professional senior staff coach will be held on during the week at the PSC soccer complex. An additional instructional session with a qualified parent-coach will also be held each week. Games are played on Saturdays at the PSC soccer complex.

### U8-U10 Uniform and Apparel Order Form

Player Name: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ email: \_\_\_\_\_

**\*\*\*\*Orders Due By 6/26/13\*\*\*\***



*This order form must be returned to Rhonda Moyle by 7:00 P.M. on the due date above.  
Payment Must Be Included With Your Order; Payable to: PSC Iowa  
If you have any questions, call Rhonda Moyle at (319) 775-2275 or email her at: [rhonda\\_moyle@iarp.uscourts.gov](mailto:rhonda_moyle@iarp.uscourts.gov).*

Item Information	Item	Color	Youth Small	Youth Med	Youth Large	Adult Small	Adult Med	Adult Large	Adult XL	Adult XXL	
	Nike Reversible Jersey	Yellow	Cost Each								Quantity of each size
			\$ 30.00	\$ 30.00	\$ 30.00	\$ 30.00	\$ 30.00	\$ 30.00	\$ 30.00	\$ 30.00	Item Total
											\$
	Item	Color	Youth Small	Youth Med	Youth Large	Adult Small	Adult Med	Adult Large	Adult XL	Adult XXL	
			Cost Each								Quantity of each size
											Item Total
	Nike Hertha Short	Blue	Cost Each								Quantity of each size
			\$ 17.00	\$ 17.00	\$ 17.00	\$ 17.00	\$ 17.00	\$ 17.00	\$ 17.00	\$ 17.00	Item Total
											\$
	Item	Color	Extra Small	Small	Medium	Large	Extra Large				
			Cost Each								Quantity of each size
											Item Total
	Nike Park IV Sock	Yellow & White	Cost Each								Quantity of each size
			\$ 6.00	\$ 6.00	\$ 6.00	\$ 6.00	\$ 6.00				Item Total
											\$
	Item	Color	Youth Small	Youth Med	Youth Large	Adult Small	Adult Med	Adult Large	Adult XL	Adult XXL	
			Cost Each								Quantity of each size
											Item Total
<b>Optional</b> 	Nike LS Quarter Zip Jacket	Blue	Cost Each								Quantity of each size
			\$ 48.00	\$ 48.00	\$ 48.00	\$ 48.00	\$ 48.00	\$ 48.00	\$ 48.00	\$ 48.00	Item Total
											\$
	Item	Color	Youth Small	Youth Med	Youth Large	Adult Small	Adult Med	Adult Large	Adult XL	Adult XXL	
			Cost Each								Quantity of each size
											Item Total
<b>Optional</b> 	Nike Rio II Pant	Black	Cost Each								Quantity of each size
			\$ 24.00	\$ 24.00	\$ 24.00	\$ 24.00	\$ 24.00	\$ 24.00	\$ 24.00	\$ 24.00	Item Total
											\$
	Item	Color	One Size								
			Cost Each								Quantity of each size
											Item Total
<b>Optional</b> 	Nike Nutmeg Backpack (Medium)	Blue	Cost Each								Quantity of each size
			\$							35.00	Item Total
											\$
	<b>Total Of All Mandatory Items Ordered Above ( One jersey, one short, one pair of socks)</b>										
	<b>Total Of All Optional Items Ordered Above</b>										
	<b>Grand Total of All Items Ordered</b>										



Any questions about the Developmental program can be directed to the following e-mail:

[steven.robertson@psciowa.com](mailto:steven.robertson@psciowa.com)

### Registration Open

Registration is now open for all spring programs at PSC Iowa. Go to the web-site @

[www.psciowa.com/page/developmental-program](http://www.psciowa.com/page/developmental-program)

to sign-up.

Please see the back of this flier for a more full description of all the PSC Programs.

*This is not a College Community School District publication. It is being distributed through the school district as a community service of the district to inform you of other community activities or services available.*

# Spring 2014 Soccer Information

## Developmental Program

The PSC Developmental Program is for girls and boys ages 4-9 interested in learning and improving their soccer skills in a fun, safe, and exciting environment. The program is run by the PSC Technical Directors and the training sessions will be conducted by specially trained parent coaches. The Technical Directors will ensure that the players and parents receive the coaching and resources needed for player development and will help prepare players that wish to make the move to playing competitive soccer in the future. The Developmental Program consists of three sub-programs: (1) U5-U8 Developmental Program; (2) U8 Developmental Academy; and (3) U9-U10 Recreational/Developmental Program.

- U5-U8 Developmental (Pre-school to 2<sup>nd</sup>)
- U9-U10 Recreational/Developmental (3<sup>rd</sup> and 4<sup>th</sup> Grade)

Practices will take place on weekday nights, starting on **April 7<sup>th</sup>**. Games will be on Saturdays, starting on **April 26<sup>th</sup>**. Both will take place at PSC Soccer Complex on the far west fields (Field 4 as shown on the field map on the website). Cost is \$55 if you register by March 19<sup>th</sup>. There will be a late fee of \$10 if you register after **March 19<sup>th</sup>**.

**Parent coaches will receive all the necessary training equipment and a dri-FIT shirt for practice and games.** There will be three (3) parent-coach training sessions: April 2<sup>nd</sup>, 16<sup>th</sup>, and 30<sup>th</sup>. These sessions will give the parent-coach the necessary tools to run practices during the season.

### • U8 Developmental Academy

This program is designed for those players that have shown they are superior, either athletically or skillfully, to the other players in the developmental system and want to push their soccer abilities to a higher level and players that have already decided on playing competitive soccer in the future or have made playing soccer a priority and want to get a head start on their peers.

Practices will be twice a week, beginning the week of **March 31<sup>st</sup>**, and will run for 10 weeks. One practice each week will be run by the PSC professional staff coach and the other by the designated, state-certified parent coach. All practices and games will take place at the PSC fields. The cost for this program, for the spring, will be pro-rated from the yearly cost and will be \$145. Players will also be required to purchase a uniform, consisting of: one jersey, one short and a pair of socks, totaling \$53. The Developmental Academy will play in the developmental league and play a minimum of six games.

## Recreational Program

The PSC Recreational Program is designed for those players that have not chosen to move into the competitive program at PSC Iowa but wish to continue enjoying and playing soccer. The program will be parent coached, with the practice plans provided, each week, by the Technical Directors at PSC. The cost for this program is \$55 for the spring. There will be a late fee of \$10 if you register after the **March 19<sup>th</sup>** deadline.

- U11-U12 (5<sup>th</sup> -6<sup>th</sup>)

Practices will take place during the week, starting on **April 7<sup>th</sup>**. Games will be on Saturdays, starting on **April 26<sup>th</sup>**. Both will take place at the PSC field 4 (fields map on the website).

## U6-U8 Developmental Program

The U6-U8 Developmental Program is focused on introducing new players to the game of soccer while giving them a solid fundamentals foundation to build upon as their interest in soccer grows.

**Program Features:** age groups for U6, U7, and U8 players (coed).

- 7-week season in fall; 7-week season in spring
- 1 instructional session and 1 game day per week (held at PSC soccer complex)
- Ratio of players to coaches will be less than 12 to 1

Cost is \$55 per season, which includes training costs, uniform, and games.

**Age Eligibility:** the Program is open to any child 5 to 7 years old on July 31st prior to the fall season.

**Schedule:** instructional sessions will be held at the PSC soccer complex during the week. Teams have the option to schedule an additional volunteer parent-coach practice during the week. Games will be played on Saturdays at the PSC soccer complex.

## U8 Developmental Academy

U8 players (7 years old or younger on July 31st prior to fall season) have the choice to continue with the basic Developmental Program or progress to the U8 Developmental Academy. The Developmental Academy offers an accelerated opportunity for individual and team development through more focused and challenging practices and a greater coach to player ratio. Each team in the Developmental Academy is assigned a PSC professional senior staff coach who ensures the players receive the highest quality training during practices and provides coaching and feedback during games.

**Program Features:** U8 age group (coed).

- 10-week season in fall; 10-week season in spring
- 2 instructional sessions per week: 1 session with PSC senior staff and 1 session with parent-coach
- Ratio of players to coaches will be 6 to 1

Cost for the U8 Developmental Academy is \$225 per year and includes training costs and games for both the fall and spring seasons. Players are required to purchase uniforms which includes two jerseys, game shorts, and game socks. Costs will be prorated for players wishing to join in the spring.

**Age Eligibility:** the Developmental Academy is open to any girl or boy that is 7 years old on July 31st prior to the fall season. Players that are 6 years old may join if given special dispensation by the PSC Technical Director. Players that are 8 or older before July 31st are too old for the U8 Developmental Academy and should consider our U9-U10 Academy Program.

**Schedule:** instructional sessions with a PSC professional senior staff coach will be held on during the week at the PSC soccer complex. An additional instructional session with a qualified parent-coach will also be held each week. Games are played on Saturdays at the PSC soccer complex.

## U9-U10 Academy

At the U9 and U10 age groups, players have the choice to participate in the Academy Program or play in the U10 Recreational/Developmental Program. The Academy is a critical phase in PSC's player development model. Players who anticipate playing competitive/select soccer at U11 and above are highly encouraged to choose the Academy. The U9-U10 Academy is a State-initiated and State-led program that provides the training and player development necessary to prepare young players for competitive/select soccer at U11 and above. PSC's Academy program is certified by the Iowa Soccer Association (ISA) on a yearly basis. The program is led by PSC's Academy Director. Players in the Academy are trained twice a week by a PSC professional coaching staff member who is assisted by a state licensed parent-coach. Teams play in the ISA Eastern Iowa Academy league against other eastern Iowa clubs' academy teams and travel to two local tournaments each season.

**Program Features:** age groups for U9 Girls, U9 Boys, U10 Girls, and U10 Boys.

- 12-week season in fall; 12-week season in spring; winter training options
- 2 instructional sessions per week with PSC professional staff coach
- Teams play in the Iowa Soccer Association (ISA) Eastern Iowa Academy league
- In addition to league games, teams compete in two ISA Academy sanctioned tournaments per season and one ISA Academy festival
- All coaches, including team parent-coaches, are Iowa Soccer Association licensed coaches
- Program directed by PSC Academy Director with a USSF National Youth Coaching license

Cost for the Academy Program is \$425 per year, which includes training costs and games for both the fall and spring seasons. Players are required to purchase uniforms, which includes two jerseys, game shorts, and two pairs of game socks. Costs will be prorated for players wishing to join in the spring.

**Age Eligibility:** the U9-U10 Academy Program is open to any child 9 years old or younger on July 31st prior to the fall season.

**Schedule:** instructional sessions with your PSC professional coach will be held at the PSC soccer complex. ISA Academy League games are played on Saturdays (some travel is required for away games not held at PSC). Tournaments are multi-day weekend events held within eastern Iowa.

## U9-U10 Recreational/Developmental Program

At the U9-U10 age groups, players have the choice to participate in the Academy Program or play in the U10 Recreational/Developmental Program. Players who anticipate playing competitive/select soccer at U11 and above are highly encouraged to choose the Academy; however, not all players or families are prepared to make the financial or time commitment to Academy soccer at this age. For these players, the U10 Recreational/Developmental Program offers the opportunity for children to continue to play soccer and develop their skills.

**Program Features:** age groups for U10 (8 and 9 year olds) girls and boys teams.

- 7-week season in fall; 7-week season in spring
- 1 instructional session and 1 game day per week (held at PSC soccer complex)
- Instructional sessions conducted by volunteer parent-coaches and overseen by PSC Technical Director

Cost is \$55 per season and includes training costs, uniform, and games.

**Age Eligibility:** the U9-U10 Recreational Program is open to any girl or boy 8 to 9 years old on July 31st prior to the fall season.

**Schedule:** instructional sessions will be held at the PSC soccer complex on the far west field. Teams have the option for an additional parent volunteer coach practice during the week. Games are played on Saturdays at the PSC soccer complex.