



Prairie Total Effort Football 2014



Metro Youth Football Association

Flag Football - 1st/2nd & 3rd /4th Grade

****New in 2014****

7 on 7 Non Contact Passing League for 5th/6th Grade

Early Bird Registration is \$45 through February 15th

Registration is \$55 after February 15th, Registration Ends March 1st, 2014

Register at

www.metroyouthfootball.com

Practice twice a week for a hour and begins on Monday, March 31st, 2014

Games begin Sat, April 12th for 1st/2nd Grade and Sun, April 13th for 3rd/4th Grade & 7 on 7

Games held at the MYFA Complex 1100 A'Hearn Dr NE, Cedar Rapids, IA 52402

Metro Youth Football Association

www.metroyouthfootball.com

Learn To Play, Play To Have Fun, Work To Get Better
TOTAL EFFORT