



Parenting:



It's a learning experience!

We want to support you as the first and most important teacher of your young children. At College Community, we know how important your role is during the early years in preparing your children for a successful K-12 experience. We are pleased to partner with the Parent Education Consortium to bring in professional parent educator, Priscilla Pohlana to provide a **FREE** 6-week series of small group meetings called "Parenting Young Children (Birth-5 years old)". Your entire family is invited to participate. A **free meal, childcare and program materials provided**. The program is open to anyone with at least one child under 6 years of age, so feel free to share information about the program with friends, family, or neighbors.

TOPICS OF DISCUSSION WILL INCLUDE, BUT WILL NOT BE LIMITED TO:

- Understanding Child Development and Behavior
- Teaching Responsibility to Children and Setting Limits
- Examining Parenting Styles and Behaviors
- Communicating with your Kids
- Guidance and Discipline Techniques
- Creating Environments that Encourage Child Growth

MEETING DATES: Tuesday Evenings, October 8- November 12, 2013; 5:30- 7:45 PM

EACH MEETING INCLUDES:

- Dinner for the Entire Family at 5:30-6:00 PM
- Parent/Child Activity 6:00-6:30 PM
- Parent Group/Childcare 6:30-7:45 PM

CLASS LOCATION: PRAIRIE CREST ELEMENTARY SCHOOL

Prairie Crest Elementary, 401 76th Ave SW, Cedar Rapids IA 52404

Pre-Registration is required!!!!

Seating is limited and will be filled on a first come, first served basis. Please plan to attend all six sessions.

Registrations are due **on or before Friday, October 4, 2013.**

To register or for more information, contact Janice Savel at 319-377-9839 ext. 302

Or via email @ jsavel@iastate.edu



Funding provided by: